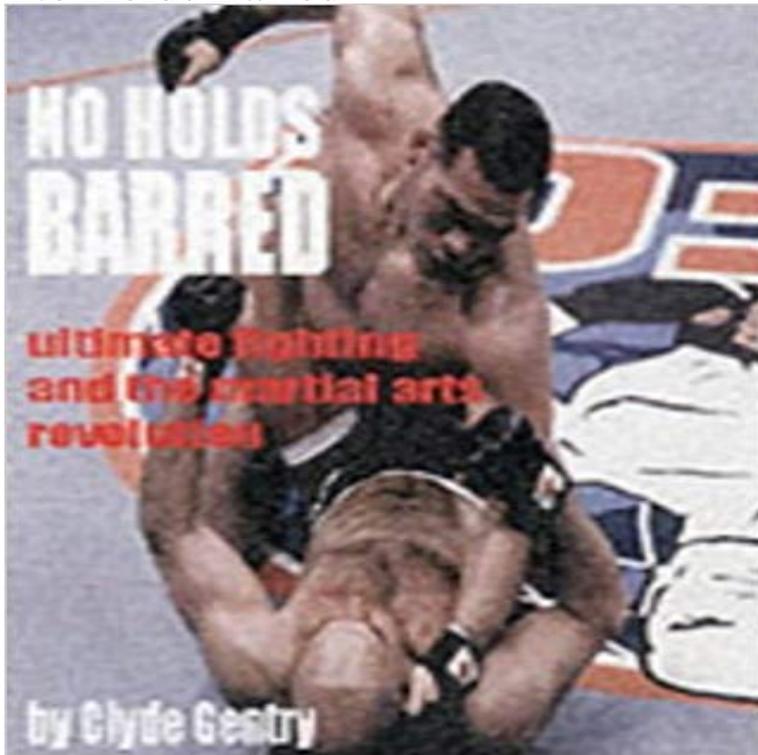


No Holds Barred



On November 12, 1993, eight men met in Denver, Colorado, to decide who was the greatest fighter in the world. They fought one-against-one in an octagonal cage where they could punch, kick, knee, elbow, head butt and choke. There are no rules! proclaimed the organizers. The Ultimate Fighting Championship was born-and the mystique of traditional martial arts had died. For thousands of years, the fighting arts had been shrouded in mystery and deceit. Secrets were jealously guarded, while blood-curdling claims were made of lethal techniques and even supernatural powers. Each style or system asserted that it was the best, its masters unbeatable. By matching experts in different arts against each other, the Ultimate Fighting Championship exploded many of these myths. Black belts and flashy moves proved no match for the skill and technique of a new breed of athletic warrior. In just over a decade, no-holds-barred fighting-otherwise known as mixed martial arts-has gone from a novelty spectacle to a worldwide sport. It has produced its own superstars like the Gracie family, Ken and Frank Shamrock, Maurice Smith and Randy Couture. It has also attracted massive condemnation from the media and run the gauntlet of police raids and banning orders. Its critics labeled it human cockfighting. It was pursued from state to state, excoriated by campaigners and banned by politicians. Through it all, the sport has continued to thrive, spreading across the globe. Author and journalist Clyde Gentry has interviewed more than 100 key figures to produce the definitive account of the worlds most controversial and misunderstood sport and of the fighting men who dare to enter the octagon.

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those "End of the World" conspiracies videos. This time around the date is set for July 29, 2016. So in three days the biblical prophecies will come true and we will be swallowed up by hell fire while the others who are "saved" will rejoice in the heavens.

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