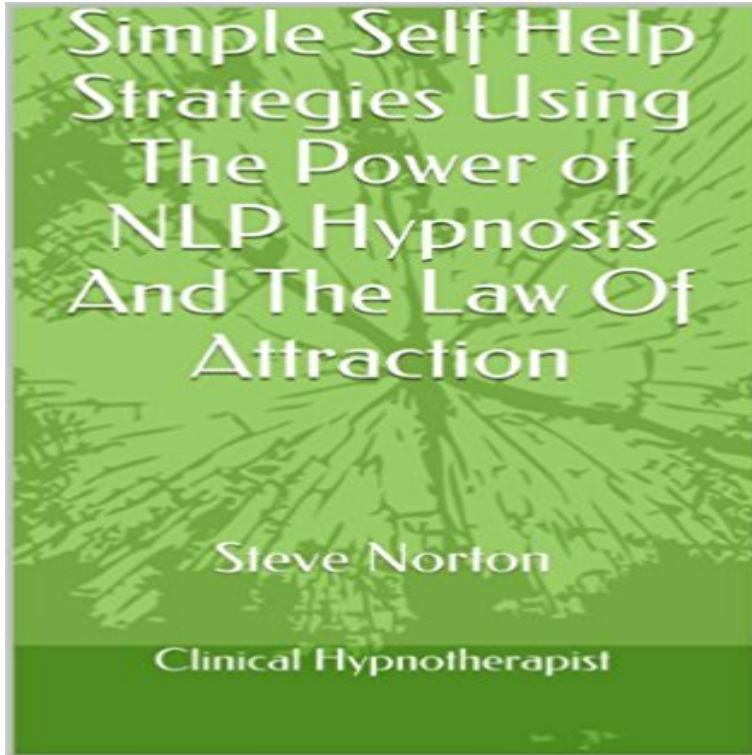


Simple Self Help Strategies Using The Power of NLP Hypnosis And The Law Of Attraction



Every now and then a book comes out that changes the world. Simple Self Help Strategies Using The Power of NLP Hypnosis And The Law Of Attraction is one such book. Written in a straight forward easy to understand style this book will change your life. For years Steve Norton has been teaching people how to control their thoughts using the revolutionary techniques he has honed through years of research. A technique he calls Thought Re-Training. Written in a simple to understand way this book gives you the real deal. Thought Re-training literally retrains a persons mind so that it can block out and easily eradicate any negative thoughts, which are the true cause of depression, anxiety and stress. Every chapter retrains the negative thought systems of your mind and creates a stronger and wiser mindset. It is a clear and concise road map for changing your life, which anybody can use regardless of educational background. The information contained in this book is already changing the hearts and minds of its readers as the scores of testimonies I hear every day testify. This book is like no other. What can this book do for you? Help you to lose weight Help you control your compulsions Help you remove anxiety/panics and fears Help you increase your self confidence Help you remove negative thought patterns Help you master your emotions Help you become a more confident speaker Help you become more relaxed Help you think wiser / smarter Help you feel fitter / healthier Help you improve mental functioning including memory Help you gain total control of your mind And much more About the Simple Self Help Strategies Using The Power of NLP Hypnosis And The Law Of Attraction What can I say but its my lifes work. It is everything Ive learned to date in the field of self improvement and human excellence which I have distilled for you so that you

don't have to do the research or go through the trial and errors like I did. The information in this book in my experience is the nearest thing to an owner's manual for your brain. It's what they should have taught you at school but didn't. The information is the obvious truth about life and what you have to do to live it the best way you can. Is it difficult to understand then? Far from it, it is not rocket science, in fact it can often seem so obvious that you will recognize it instantly as the truth. I wrote it in a way that your mind could easily process the information without getting bogged down will page upon page of bland text. Different text sizes and shadings make this possible. You will be surprised how easy it is to learn. It doesn't take a rocket scientist to live a great life you just need to know what to do to just that! What is it about? That's a good question. It's about everything! There is no one thing that we can do to make our lives great, there are only many things done simultaneously that are needed to achieve the super life. The book will show you how to easily retrain your mind and eliminate the negative thoughts that cause you so much grief. There are philosophies and techniques of thinking, breathing, eating and moving to achieve maximum results in all areas of your life. All this is explained specifically with why and what to do to make them an integral part of your life. No stone is left unturned. Unlike other self development books you may have read before. This book doesn't take 100 pages to tell you one thing. Every chapter contains techniques and valuable information that will help you change the things in your life you're not happy about. This is the book you have been waiting to read!

NEWAGEOFTRUTH There's been too many lies and not enough truth stay updated via rss MY NEW PLAYLIST Why are some looking forward to the end of days? Posted: July 26, 2016 in Cheating, Education, Evil, Politics, Religion, Social Issues Tags: Armageddon, bible, Christianity, Conspiracy theory, Prophecy, Y2K 0 end of days Some temptations are just too good to pass up. My curiosity got the best of me the other day and I gave in by watching one of those "End of the World" conspiracies videos. This time around the date is set for July 29, 2016. So in three days the biblical prophecies will come true and we will be swallowed up by hell fire while the others who are "saved" will rejoice in the heavens.

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