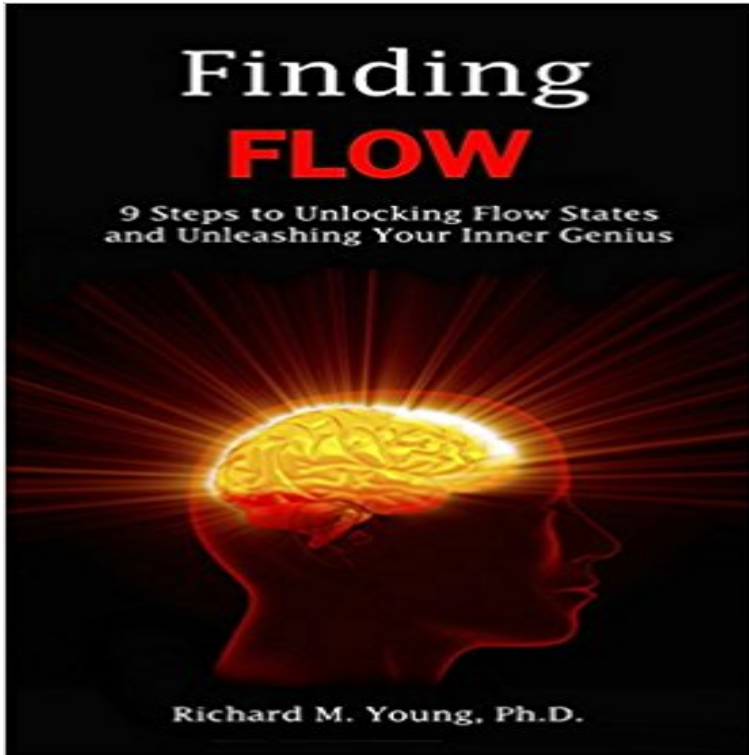


# Finding Flow: 9 Steps to Unlocking Flow States and Unleashing Your Inner Genius



This book is not about the science of the Flow. This is not a book on how to get rich. This is a book about execution. If you use it correctly, this text will teach you how to get into the Flow State so you'll be able to choose the right outcomes (macro) and corresponding tasks (micro), and then perform the necessary work quickly. Here you will find 9 simple steps which, if followed, will allow you to reach the Flow State and perform more quality work faster, and enjoy the process.

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