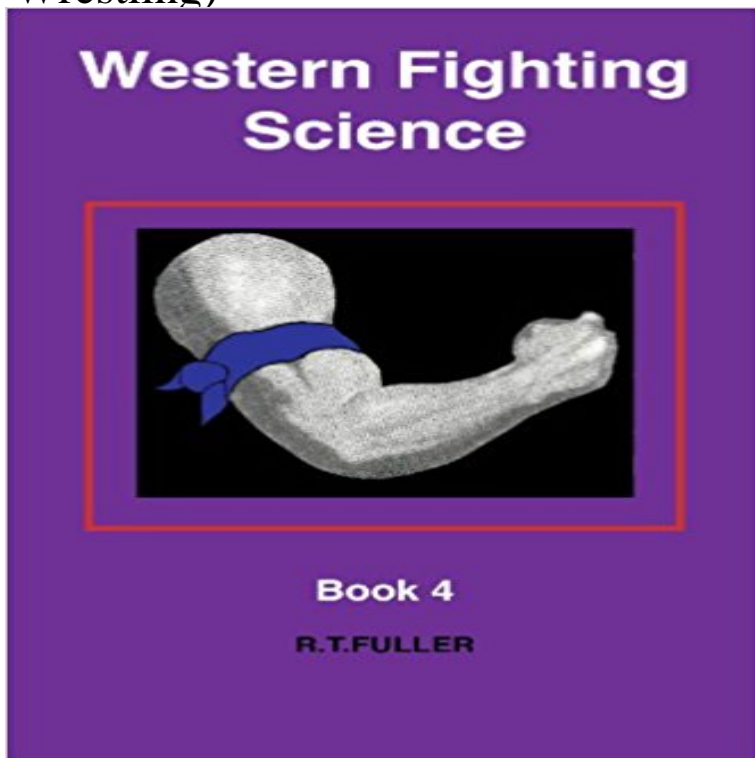


WESTERN FIGHTING SCIENCE (Book 4 Pugilistic In-Play Wrestling)



The contest form of manual-defence on the 18th. century fighting-stage became known as bareknuckle fighting. The art was a combination of boxing (barefist) and wrestling (in-play, or tight-hold) technique. Exponents were as much wrestlers as they were boxers. Wrestling began once the fighters came to a close (clinched) and got into a tight-holds mode (a tie-up). Continuing from BOOKS 1, 2 and 3, BOOK 4 looks at the science and technique of the indigenous, standing, tight-hold styles of that era including descriptive passages and advice from the experts of those times.

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