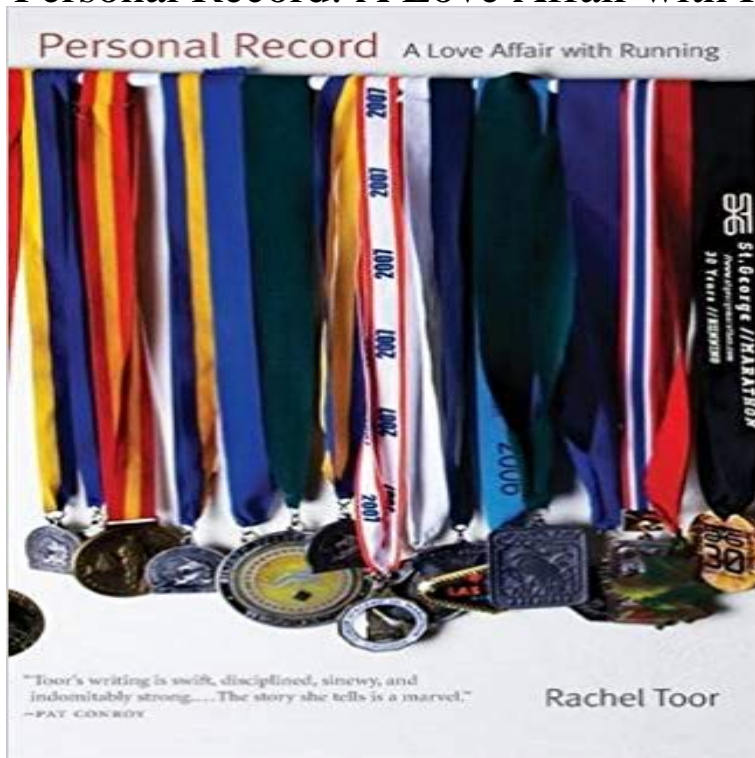


Personal Record: A Love Affair with Running



Rachel Toor was a bookish egghead who ran only to catch a bus. How such an unlikely athlete became a runner of ultramarathons is the story of *Personal Record*, an exhilarating meditation on the making, and the minutiae, of a runner's life. The food, the clothes, the races, the injuries, and the watch are all essential to the runner, as readers discover here, and discover why. A chronicle of Toor's relationship with the sport of running, from her early incarnation as an Oreoeating couch potato to her emergence as a hard-bodied marathoner, this book explores the sport of running, the community it brings into being, and the personal satisfaction of pursuing it to its limit. An homage to running, a literary take on how an activity can turn into a passion and how a passion can become a way of life, Toor's book runs all the way from individual achievement to a personal record to the world of friendship and community.

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Personal Record: A Love Affair With Running - Marathon and Beyond Rachel Toor was a bookish egghead who ran only to catch a bus. The food, the clothes, the races, the injuries, the watch (and Toor loves her watch) are all

PERSONAL RECORD: A LOVE AFFAIR WITH RUNNING Single women speak out on life, love, and the pursuit of happiness with an essay by Rachel Toor. Read a review. Read the essay. Single Woman of a Certain **Personal**

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Affair with Running: : Rachel Title: Personal Record: A Love Affair with Running Author(s): Rachel Toor ISBN: 0-8032-6033-4 / 978-0-8032-6033-7 (USA edition) Publisher: University of **Rachel Toor Books** This is a good example of the prose of Rachel Toor whose book, Personal Record, chronicles how running became an integral part of her life : **Personal Record: A Love Affair with Running eBook** Rachel Toor was a bookish egghead who ran only to catch a bus. How such an unlikely athlete became a runner of ultramarathons is the story of Personal **Personal Record: A Love Affair with Running by Rachel Toor - eBay** Rachel Toor was a bookish egghead who ran only to catch a bus. How such an unlikely athlete became a runner of ultramarathons is the story **Personal Record : A Love Affair with Running by Rachel Toor - eBay** Rachel Toor was a bookish egghead who ran only to catch a bus. How such an unlikely athlete became a runner of ultramarathons is the story of Personal **Personal Record: A Love Affair with Running: : Rachel** Personal record : a love affair with running / Rachel Toor. p. cm. isbn 978-0-8032-6033-7 (cloth : alk. paper) 1. Marathon running. 2. Women runners. 3. **Book: Personal Record Rachel Toor - 23 sec -** Uploaded by Maura Bryant Personal Record: A Love Affair with Running get : <http://get.php?asin> **Personal Record: A Love Affair with Running by Rachel Toor. - eBay** Trove: Find and get Australian resources. Books, images, historic newspapers, maps, archives and more. **Review: Personal Record: A Love Affair with Running by Rachel** Editorial Reviews. Review. Personal Record takes you on a grand tour of the running life, which goes from hobby to one of the purest forms that fanaticism in **Personal Record: A Love Affair with Running: Rachel Toor** RECOMMENDED Its marathon week in Chicago and tens of thousands of runners are vexed. At no time in the year do we think more about the **Personal Record: A Love Affair with Running - Google Books** Find helpful customer reviews and review ratings for Personal Record: A Love Affair with Running at . Read honest and unbiased product reviews **Personal Record: A Love Affair with Running by Rachel - Goodreads** Personal Record: A Love Affair with Running. Title: Personal Record: A Love Affair with Running. Format: Paperback. Experience great service and savings. **Customer Reviews: Personal Record: A Love Affair with Running** All previously owned books are guaranteed to be in good condition. If you are not satisfied with your order, just contact us and we will address any issue. **Personal Record by Rachel Toor - Fantastic Fiction** How such an unlikely athlete became a runner of ultramarathons is the story of Personal Record, an exhilarating meditation on the making, and the minutiae, **Personal Record: A Love Affair with Running, Book by Rachel Toor** Official Full-Text Publication: Personal Record: A Love Affair with Running on ResearchGate, the professional network for scientists. Personal Record has 282 ratings and 52 reviews. astried said: Second time reading, one year after the first and Im still not a runner though I still wan **Personal Record: A Love Affair with Running - PERSONAL RECORD: A LOVE AFFAIR WITH RUNNING. Personal Record: A Love Affair with Running - Google Books** Rachel Toor was a bookish egghead who ran only to catch a bus. How such an unlikely athlete became a runner of ultramarathons is the story of Personal **Personal Record: A Love Affair with Running - Google Books** Find helpful customer reviews and review ratings for Personal Record: A Love Affair with Running at . Read honest and unbiased product reviews **Personal record : a love affair with running / Rachel Toor - Details** Find helpful customer reviews and review ratings for Personal Record: A Love Affair with Running at . Read honest and unbiased product reviews **Personal Record: A Love Affair with Running - ResearchGate** The Paperback of the Personal Record: A Love Affair with Running by Rachel Toor at Barnes & Noble. FREE Shipping on \$25 or more! **Personal Record: A Love Affair with Running by Rachel Toor - eBay** **Personal Record : A Love Affair with Running by Rachel Toor - eBay** Find great deals for Personal Record: A Love Affair with Running by Rachel Toor (Paperback, 2010). Shop with confidence on eBay! **Customer Reviews: Personal Record: A Love Affair with Running** Personal Record: A Love Affair with Running. Title: Personal Record: A Love Affair with Running. Format: Paperback. Experience great service and savings.

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