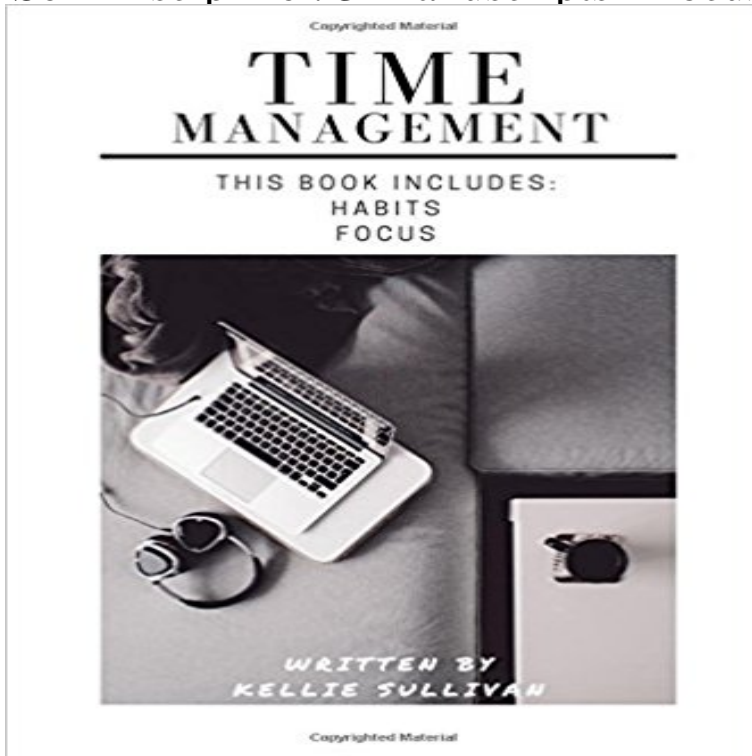


Self Discipline : 3 Manuscripts - Focus, Habits, Time Management



FOCUS! Why is concentration difficult? Concentration is a very important skill towards attainment. After all, there may be several external and internal discussions in your working environment. Focus is not just significant in the place of work. It also applies to several facets of your life whether at home, at school and in your private relationships. This book contains proven steps and strategies on how to improve concentration and productivity, reduce nervousness, panic and anxiety as well as hack your way to a better sleep. So, if fear, nervousness and anxiety deprive you of achieving personal and professional success and suffer from lack of attentiveness, this book is best made for you! In here, you will find a lot of recommendations and guidelines that are very beneficial not only for your work productivity but for your mental and physical health as well. So, are you ready to successfully start managing your nervousness and anxiety? And, are you ready to increase productivity in your work or at home? Are you ready to make that change? HABITS! Your bad habits hinder you on creating a wonderful life. It keeps you from accomplishing your goals. They may even endanger your health, whether physically, emotionally or mentally. Not to mention that waste most of your time and energy instead of making the most of it. Let's face it. It runs our lives. Most of what we do are truly based on the habit we have developed at some points of our life. But the question here is, why we keep on doing them although we already know they are wrong? Is there anything we can do to break them? If that is the case, you are reading the perfect book! This is not a book to remind you of your mistakes or fill your mind with empty motivational quotes. This book will include step-by-step instructions and the how tos along the way. Are you ready to make that change? TIME MANAGEMENT! The majority of us often

use the lack of time as a reason for not finishing a particular task. But why do other individuals who are given similar task successfully finish the same project at the same time frame? This is because they know how to manage their time efficiently to accommodate all their responsibilities. Each of us is given similar amount of time. It is how we use it that makes a difference. This book contains proven steps and strategies on how to become more productive through managing your time effectively and does all your responsibilities seamlessly. This book also reveals the secrets of how the most popular individuals around the world had achieved their tremendous success and how you can be just like Bill Gates, Warren Buffet and many other successful individuals. Although the secrets revealed might not instantaneously give you millions of dollars, it can help take your living to greater heights. Take Action Today and Take Control Of Your Time And Increase Your Productivity! Click the Buy now with 1-Click to the right and get this short guide immediately.

NEWAGEOFTRUTH There's been too many lies and not enough truth stay updated via rss MY NEW PLAYLIST Why are some looking forward to the end of days? Posted: July 26, 2016 in Cheating, Education, Evil, Politics, Religion, Social Issues Tags: Armageddon, bible, Christianity, Conspiracy theory, Prophecy, Y2K 0 end of days Some temptations are just too good to pass up. My curiosity got the best of me the other day and I gave in by watching one of those "End of the World" conspiracies videos. This time around the date is set for July 29, 2016. So in three days the biblical prophecies will come true and we will be swallowed up by hell fire while the others who are "saved" will rejoice in the heavens.

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