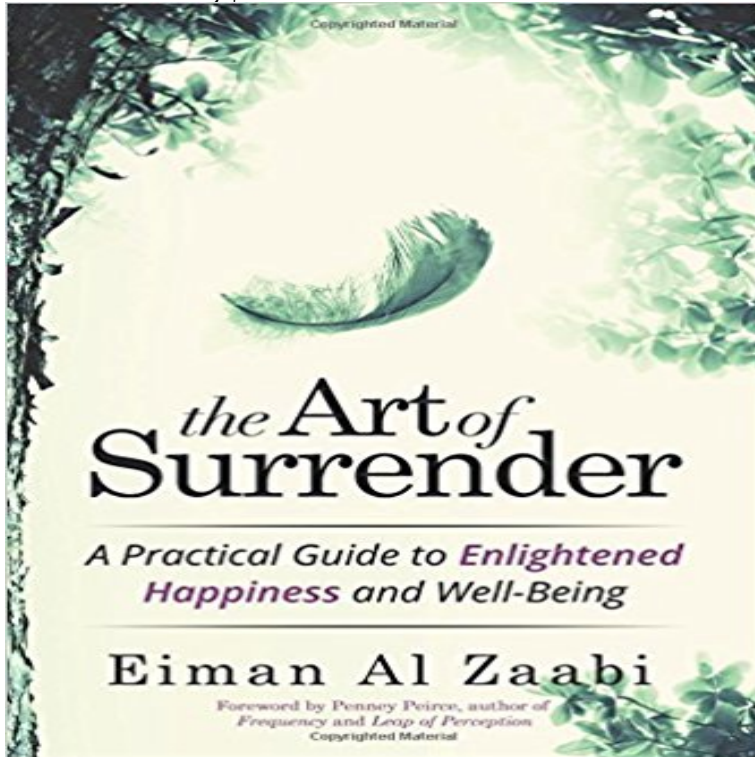


The Art of Surrender: A Practical Guide to Enlightened Happiness and Well-Being



Surrender is my favorite word. More than a word, surrender is my daily prayer and way of living. And it is, as Eiman Al Zaabi's *Art of Surrender* so clearly shows us, the sweetest path to joy. -Janet Conner, author of *Writing Down Your Soul* and *Soul Vows*

What would it be like to reach the end of your life feeling satisfied that you had lived fully and joyously? How would your life change if you moved through each day with a sense of meaning and purpose? What would it be like to feel whole, supported, and deeply connected to the world around you? The *Art of Surrender* offers a blueprint for true peace and authentic living. Whether you are taking the first steps on your spiritual journey or have long traveled such a path, this book will transform your relationship with yourself, the Divine, and the world around you. You'll learn the deepest needs of your soul and discover how to meet them. You'll be guided through the four stages of the spiritual journey: finding Source, knowing Source, aligning with Source, and surrendering to Source. You'll master the delightful art of spiritual inquiry, investigating ideas for yourself and incorporating only those truths that resonate deeply. Drawing on her Muslim heritage and her wise and careful exploration of a variety of spiritual traditions, Eiman Al Zaabi shows how the soul's journey can lead us to the ultimate state of fulfillment and joy: surrender.

NEWAGEOFTRUTH There's been too many lies and not enough truth stay updated via rss MY NEW PLAYLIST Why are some looking forward to the end of days? Posted: July 26, 2016 in Cheating, Education, Evil, Politics, Religion, Social Issues Tags: Armageddon, bible, Christianity, Conspiracy theory, Prophecy, Y2K 0 end of days Some temptations are just too good to pass up. My curiosity got the best of me the other day and I gave in by watching one of those "End of the World" conspiracies videos. This time around the date is set for July 29, 2016. So in three days the biblical prophecies will come true and we will be swallowed up by hell fire while the others who are "saved" will rejoice in the heavens.

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