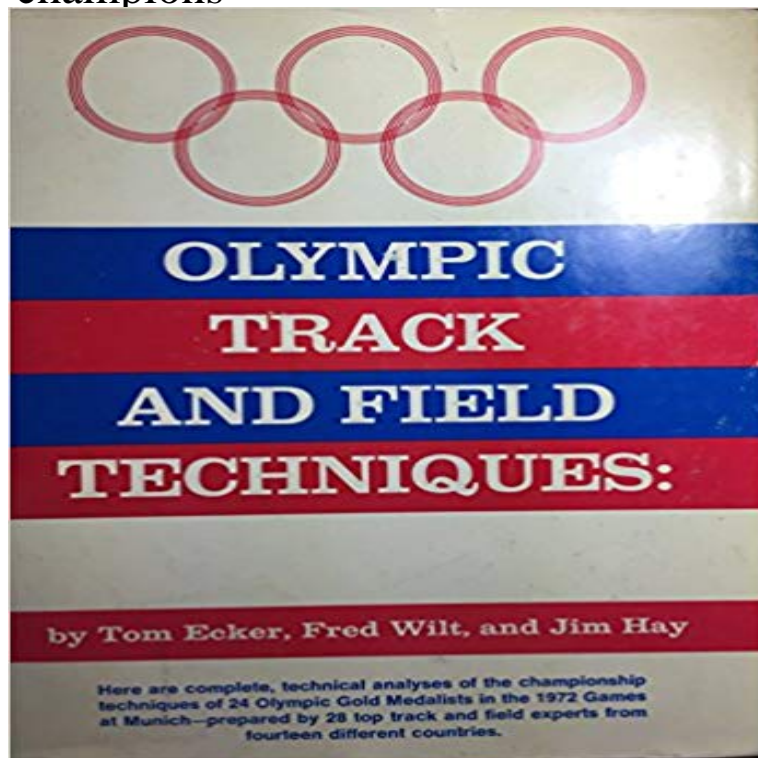


## Olympic track and field techniques; an illustrated guide to developing champions



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