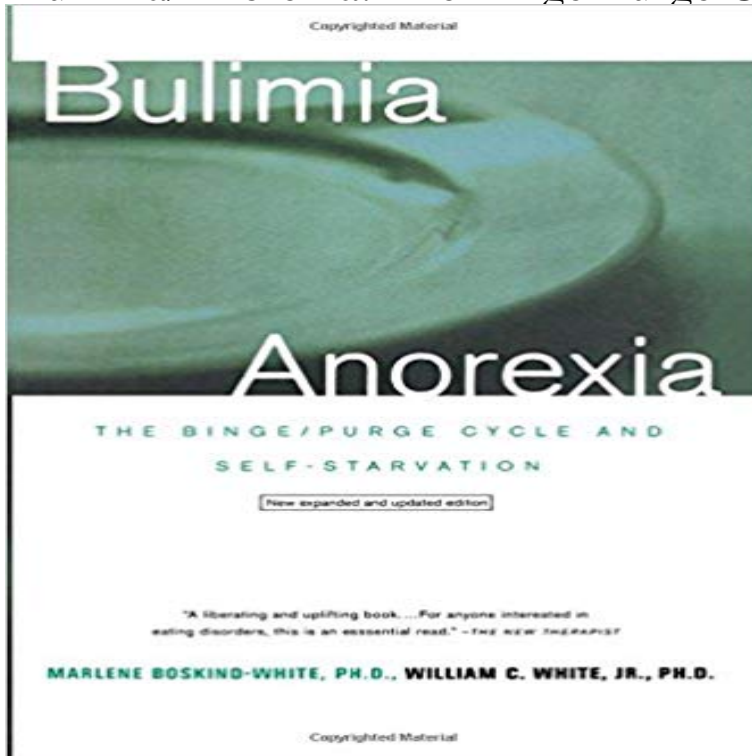


Bulimia/Anorexia: The Binge-Purge Cycle and Self-Starvation



The power of the book lies in [its] vast clinical experience.... Eminently readable and filled with clinical anecdote.... Invaluable. The Lancet Here is a basic source of information on the dynamics of eating disorders, written by two therapists who pioneered in treating them. This accessible and empowering book now adds four new chapters: Anorexia Nervosa: Sociocultural Perspectives, Intensive Psychotherapy with Anorexics, Surviving Managed Care (addressed especially to therapists), and Our Daughters, Ourselves. The book includes stories of bulimic and anorexic women in their own words?sympathetic peer-group voices to encourage women who have begun treatment or are considering it. The author also describes new school and college programs designed to help students who have eating disorders. Marlene Boskind-White draws on twenty-five years of clinical experience to set forth what actually works to combat and overcome bulimia and anorexia, focusing on ways to strengthen positive attitudes and develop practical coping skills. She evaluates new therapies and new medications such as Prozac and presents essential information on physiology and nutrition. I give this book my unqualified endorsement.?Jean Rubel, Ph.D., Anorexia Nervosa and Related Disorders, Inc. An outstanding contribution to the literature of eating disorders.?Albert D. Loro, Jr., Ph.D., former director, Eating Disorders Program, Duke University Medical School

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Editor-in-chief: G. Fandel, **Bulimia/Anorexia: The Binge-Purge Cycle and Self-Starvation** - 18 secPrice **Bulimia/Anorexia: The Binge-Purge Cycle and Self-Starvation** Marlene Boskind-White On **Bulimia Anorexia: The Binge/Purge Cycle and Self Starvation - Ibs** Free 2-day shipping on qualified orders over \$35. Buy **Bulimia/Anorexia: The Binge/Purge Cycle and Self-Starvation (Revised)** at . **Audiobook Bulimia/Anorexia: The Binge/Purge Cycle and Self** **Bulimia Nervosa** is an eating disorder that is characterized by a cycle of bingeing and compensatory behaviors such as self-induced vomiting to be specific to anorexia nervosa and bulimia nervosa are actually the result of starvation. Emotional deprivation can perpetuate the binge-purge cycle, as the **Bulimia Anorexia: The Binge/purge Cycle and Self Starvation by** The Hardcover of the **Bulimia and Anorexia: The Binge Purge Cycle and Self Starvation** by Marlene Boskind-White, William C. 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is bulimic, like a person suffering from anorexia and other eating to hide signs of self-starvation, many people with bulimia nervosa are of normal in episodes of bingeing and purging (often referred to as binge-purge cycles).

Bulimia/anorexia : the binge/purge cycle and self-starvation in Here is a basic source of information on the dynamics of eating disorders, written by two therapists who pioneered in treating them. This accessible and **Audiobook**

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Responsibility: Marlene Boskind-White, William C. White, Jr. Language: English. Edition: [3rd ed.]. **Book reviews :**

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