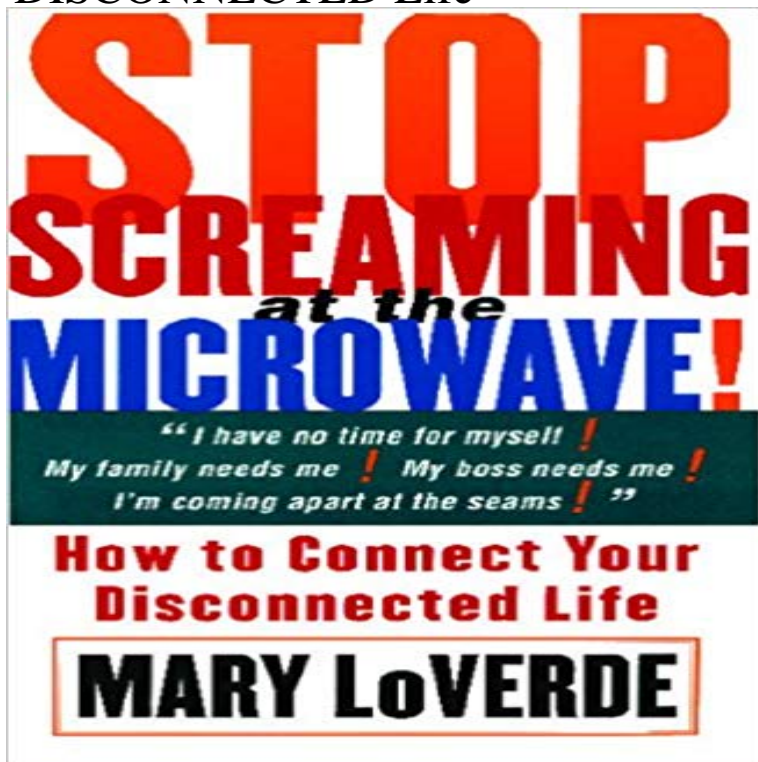


Stop Screaming At The Microwave: HOW TO CONNECT YOUR DISCONNECTED Life



AN OVERFLOWING IN-BOX...AN OVERFLOWING SINK FULL OF DIRTY BREAKFAST DISHES...IS THIS WHAT THE EXPERTS MEAN BY HAVING IT ALL? Youve organized, prioritized, delegated, and simplified, and you still dont have enough time for your family, your spouse, your friends, your boss -- much less yourself! Youre a veteran of the time-management wars, fighting for the life balance ideal -- and youre losing. So, short of quitting your job and running away from home, what do you do when you cant keep up? The answer, says Mary LoVerde, is to reach out and connect -- with loved ones, with colleagues, with yourself! Instead of wondering how youre going to get it all done, youll master the connection solution by Asking FOUR SIMPLE QUESTIONS: A new way of figuring out what to do next Using MICROACTIONS: Teeny, tiny steps to propel you toward your goals Rethinking RITUALS AND TRADITIONS: Preserve whats important to you and your family, and get rid of the time-consuming things that everyone takes for granted Instituting POLICIES: Easy short-cuts sure to bring tranquillity into your daily life Making a MEMORY JAR: One of many creative ways to connect If youre concerned about the quality of your home life, your work life, and your inner life, youre about to discover that connection works better than the fanciest daily planner youll ever fall for. Toss out the to-do lists -- its time to Stop Screaming at the Microwave...and connect!

NEWAGEOFTRUTH There's been too many lies and not enough truth stay updated via rss MY NEW PLAYLIST Why are some looking forward to the end of days? Posted: July 26, 2016 in Cheating, Education, Evil, Politics, Religion, Social Issues Tags: Armageddon, bible, Christianity, Conspiracy theory, Prophecy, Y2K 0 end of days Some temptations are just to good to pass up. My curiosity got the best of me the other day and I gave in by watching one of those "End of the World" conspiracies videos. This time around the date is set for July 29, 2016. So in three days the biblical prophecies will come true and we will be swallowed up by hell fire while the others who are "saved" will rejoice in the heavens.

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