

Bug In: Long Term Survival by Staying Home a Detailed Plan (A Brief History of Mother Earth Book 2)



We Americans are alive during an exceedingly dangerous time in the history of our country. It is for this reason that millions of Americans, who call themselves preppers, have carefully made preparations to bug out -- to evacuate their homes, especially in urban areas. But is that a practical plan for survival over the long term? Many of the proponents suggest preparing a bug out bag that will allow them to survive for 72 hours outside their homes. But what if the societal breakdown is for a prolonged period of time -- weeks or even months? In the view of an increasing number of preppers, including us, a far more sensible plan for long term survival is to bug in -- to hole up in a well-prepared home. By well-prepared home we mean:- Having enough clothing, water, food, medications and first-aid equipment to keep us alive for a minimum of four months- Providing us with a modicum of creature comforts for a period of time that may be prolonged. Many preppers of the bug out persuasion will allege that, by beginning in Chapter 1 with a discussion of electronic devices, we have got the cart before the horse. Remember, they will say, the rule of threes during a disaster, by which they mean it takes only:- 3 hours to freeze to death from lack of proper clothing- 3 days to die of dehydration due to lack of water- 3 weeks to starve to death from lack of food. We completely agree that clothing, water and food -- plus first-aid equipment and for many of us medications -- are essential to sustaining life. We nevertheless chose to begin with a discussion of devices that will help us to know what is going on outside our apartment for the following reason: our most immediate need will be to know whether continuing to bug in is a viable option. If, for example, the news is that a giant tsunami that is the result of an earthquake here in LA is certain to devastate our apartment, then to bug in will

not be an option. It is for this reason that Chapter 1 discusses what we consider to be the essential electronic devices that will provide a) lighting and b) communications. Chapter 2, Selecting the Batteries for Your Battery Bank, discusses the batteries that we selected to provide electrical power for a period of many years. Chapter 3 is entitled, Charging a Battery Bank with a 3-Stage Microprocessor Battery Charger. Chapter 4 discusses Charging the Battery Bank with Solar Panels. Chapter 5 is Other Devices that We Have Found Helpful. In Chapter 6 we discuss Powering Our Devices with an Inverter which is the device that converts the 12VDC power coming from our batteries into the 120VAC current that most of our devices require. The topic of Chapter 7 is Water: Storing It and Treating It. For Chapter 8, the title is Food: Actual Photos of Our Four Month Supply. The topic of Chapter 9 is Making Bread, which along with rice and pasta will be one of our three staples during any disaster. The topic of Chapter 10 is Health Care During and Following a Disaster. After describing a book we own that describes self-care when professional medical help is NOT available, we then illustrate the books recommended medical equipment and where to purchase it. Chapter 11 has the self-explanatory title, Bug In on a Budget: Maintaining Access to the Outside World When Funds Are Limited. Chapter 12 describes what we intend to do if we have no choice but to Bug Out. Chapter 13 is entitled, Creating a Battery Bank. Because this process requires extreme caution, in this chapter we direct readers to the web site of energy-expert Steven Harris. Following Chapter 13 is our Afterword, in which we describe, from the point of view of a historian, the many reasons that we Americans are living in precarious times. At over 170 illustrations, this book is lavishly illustrated.

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temptations are just too good to pass up. My curiosity got the best of me the other day and I gave in by watching one of those "End of the World" conspiracies videos. This time around the date is set for July 29, 2016. So in three days the biblical prophecies will come true and we will be swallowed up by hell fire while the others who are "saved" will rejoice in the heavens.

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