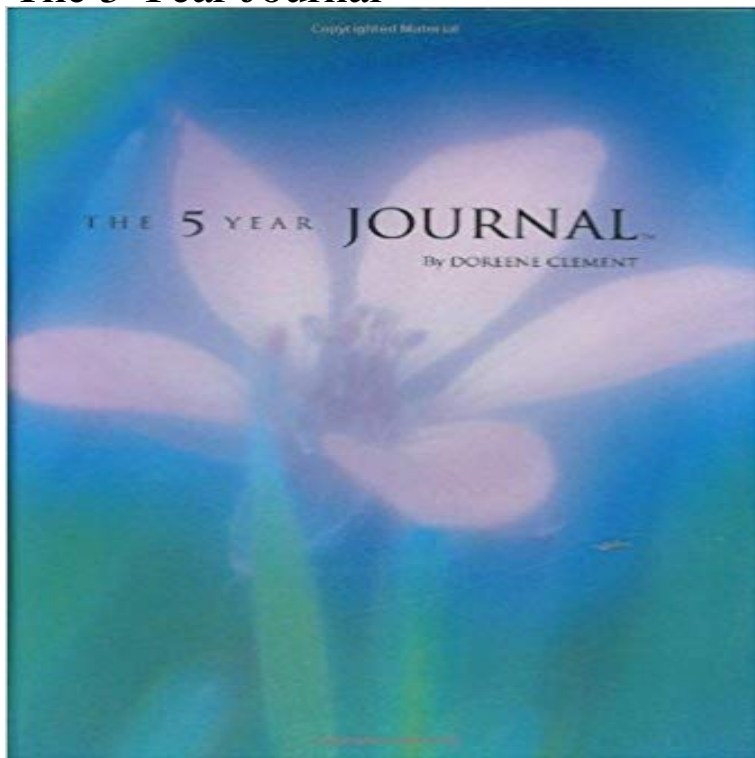


## The 5 Year Journal



Where were you a year ago ? What were you doing 2 years ago ? What were you feeling 3 years ago ? What were your dreams 5 years ago ? THE 5 YEAR JOURNAL will enable you to journalize and plan the next 5 years with what you want, what you have felt, and where you have been. Year by year your entries add to the total summary of your feelings and events, until, on one page you can look back at the past years, up to 5 years - day by day - thought by thought - experience by experience. We tend to be hard on ourselves, not always giving ourselves the credit due for what growth and change has occurred. Journalizing in this Journal and in the Workbook sections, over a 5 year period will memorialize what was happening. Then having 5 years to look back upon, at one glance, can give us a more accurate reflection of what did or did not happen in the past. Recording a relative reflection creates an accurate record of memories that we can then use for assessment and personal growth. This Journal will be a reminder and support, of where we have been and where we want to go with our lives. Even if you already journal, THE 5 YEAR JOURNAL can be effective in addition to what you are currently doing. This Journal can be a quick and easy tool for highlights and learning from hindsight. THE 5 YEAR JOURNAL has a unique design that allows you to start journaling any day of the year. With the passage of time we gain a different perspective. Time is a healer and what was once hard or unbearable can now make more sense, giving us a clearer picture. Recording and tracking our lives in this Journal can actually bring relief, clarity, joy and laughter. You can also use the MonthEnd Summary, Quarterly Questions, Year End Favorites, The Best and Worst Things That Happened to Me, Q and A Year End, Create Your Own Topic, and Year End Summary as meters to track

experiences at a glance. Imagine sitting down, just you or with friends, remembering that favorite movie or favorite song, reading about what you were doing, what you were feeling, or what was happening in your life on a specific date. With this Journal there will be a first hand account of what was, what had happened to you in your life. With the distance and time in-between, you may have a new experience with your past and create a more rewarding future. Imagine passing this Journal on to a friend or family member so they could know you and your history. They could feel your joys and successes, and experience your pains and sorrows. This Journal can also be used for personal or business items, recording important dates, future deadlines, anniversaries, and more. Dates important in your future can now be pre-recorded for a manner of easy reminding. The most important idea to remember about THE 5 YEAR JOURNAL is that you now have a quick and easy-to-use tool that can be an asset for your well being. It can enhance and assist you in the many ways that you choose to use it. It can be fun.

NEWAGEOFTRUTH There's been too many lies and not enough truth stay updated via rss MY NEW PLAYLIST Why are some looking forward to the end of days? Posted: July 26, 2016 in Cheating, Education, Evil, Politics, Religion, Social Issues Tags: Armageddon, bible, Christianity, Conspiracy theory, Prophecy, Y2K 0 end of days Some temptations are just too good to pass up. My curiosity got the best of me the other day and I gave in by watching one of those "End of the World" conspiracies videos. This time around the date is set for July 29, 2016. So in three days the biblical prophecies will come true and we will be swallowed up by hell fire while the others who are "saved" will rejoice in the heavens.

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unbiased product reviews from our users. **Q&A a Day for Moms: A 5-Year Journal: Potter Style** - Some Lines A Day - A 5 year Memory Book by Leuchtturm is a great way to document ordinary events in your life through the course of time. This journal **Images for The 5 Year Journal Q&A a Day 5 Year Journal ModCloth** Nov 23, 2010 Available in: Item. Do you ever stop to wonder how you got where you are? The Q&A A Day Journal shows you what was going through your **5 Year Diary: Green Cover: Tamara Shopsin: 9780989785938** Mark down your memories as you create them with the help of this five-year journal. A small, hardback Q & A diary, this book poses a new question for each day : **Q&A a Day: 5-Year Journal (9780307719775): Potter** The Happiness Project One-Sentence Journal: A Five-Year Record [Gretchen Rubin] on . \*FREE\* shipping on qualifying offers. 365 days. 5 years. : **The Book of Kells: 5-Year Journal (Thames & Hudson** If you can, think back to where you were 5 years ago. Having a hard time trying to remember? Start a free online 5 year journal today with Penzu! **Daily Captions: A 5-Year Journal: Sheralyn Pratt: 9781503050594** **5 Year Journal: Sheralyn Pratt: 9781503050730:** **Books** Searching for the perfect 5 year journal items? Shop at Etsy to find unique and handmade 5 year journal related items directly from our sellers. **Q and A a Day : Potter Style : 9780307719775 - Book Depository** Q and A a Day : 5-year Journal The Q&A a Day Journal shows you what was going through your head each The Happiness Project One-sentence Journal. **5-Year Journal: (Purple) Large - 6 x 9 Memory Book: I. S. Anderson** **5 Year Diary: Red Cover: Tamara Shopsin: 9780977648184** Buy 5 Year Diary: Green Cover on ? FREE SHIPPING on qualified orders. A Thought A Day: Five Year Journal (Diary, Notebook). Peter Pauper **5 Year Diary: Blue Cover: Tamara Shopsin: 9780977648191** This five-year journal will help you capture it all--simply turn to todays date and take a few moments to answer the question at the top of the page. As the journal **5-Year Journal - Paper Journal - Levenger** Do you ever stop to wonder how you got where you are? The Q&A a Day Journal shows you what was going through your head each dayfor five years of your **A Thought A Day: Five Year Journal (Diary, Notebook): Peter Pauper** Buy Jane-a-Day: 5 Year Journal on ? FREE SHIPPING on qualified orders. **none** Moms One Line a Day: A Five-Year Memory Book. +. Q&A a Day for Kids: A Three-Year Journal. Total price: \$38.04. Add all three to Cart Add all three to List. **The 5 Year Journal: Doreene Clement: 9780578147604: Amazon** 5-Year Journal: (Purple) Large - 6 x 9 Memory Book [I. S. Anderson] on . \*FREE\* shipping on qualifying offers. Capture the ups and downs of daily **One Line a Day: A Five-Year Memory Book: Chronicle Books Staff** Nov 11, 2014 The Hardcover of the The 5 Year Journal by Doreene Clement at Barnes & Noble. FREE Shipping on \$25 or more! **5 year journal** **Etsy** Jan 16, 2012 A five year journal is, just as it sounds, a journal you keep for five years. You write just one line every day, one minute of your time thats all it **5-Year Journal Write for free with Penzu** Buy The 5 Year Journal on ? FREE SHIPPING on qualified orders. **Jane-a-Day: 5 Year Journal: Potter Style: 9780307951717: Amazon** Save Big On Open-Box & Used Products: Buy A Thought A Day: Five Year Journal (Diary, Notebook) from Amazon Open-Box & Used and save 34% off the

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