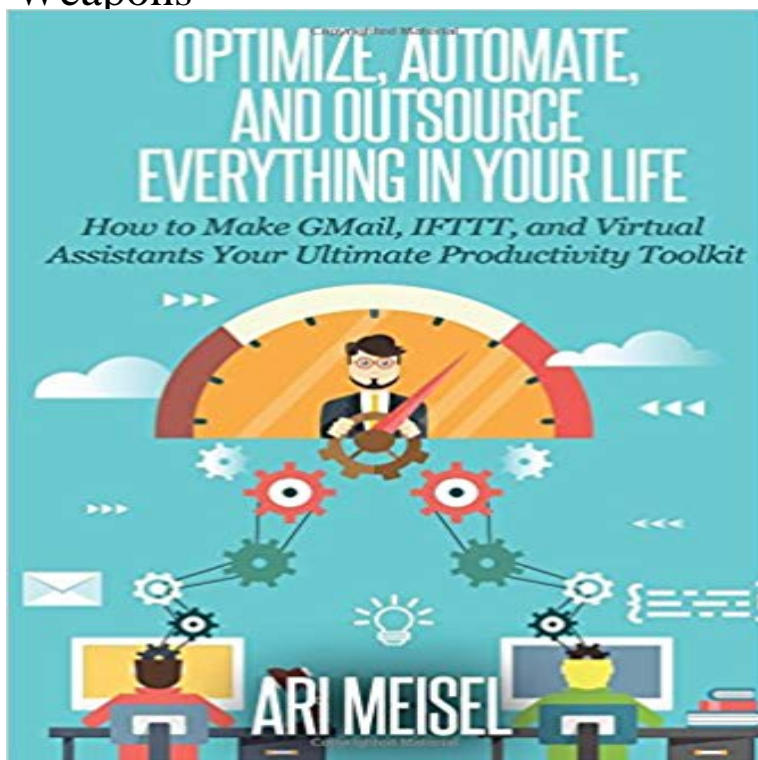


# Optimize, Automate, and Outsource Everything In Your Life: How to Make Email, IFTTT, and Virtual Assistants Your Ultimate Productivity Weapons



I teach *The Art of Less Doing*, a framework for productivity I developed to help people optimize, automate, and outsource everything in their lives and be more effective. I'm constantly writing about new ways to save you time and get more done at my *Less Doing* blog. Email is one of the greatest productivity tools in existence, once you master it. You'll be able to do more and experience a level of calm that comes from having control in an otherwise overwhelming environment. IFTTT is an automation website that gets your various web services working for you, instead of the other way around. All of those tasks that you say just take a minute but you do them dozens of times each day, can be completely automated out of your life. Once you've optimized and automated a process, if there's anything left over, you can look at outsourcing it to specialists or generalists. This book will give you the resources you need to make email, automation, and outsourcing your keys to great productivity and effectiveness.

NEWAGEOFTRUTH There's been too many lies and not enough truth stay updated via rss MY NEW PLAYLIST Why are some looking forward to the end of days? Posted: July 26, 2016 in Cheating, Education, Evil, Politics, Religion, Social Issues Tags: Armageddon, bible, Christianity, Conspiracy theory, Prophecy, Y2K 0 end of days Some temptations are just too good to pass up. My curiosity got the best of me the other day and I gave in by watching one of those "End of the World" conspiracies videos. This time around the date is set for July 29, 2016. So in three days the biblical prophecies will come true and we will be swallowed up by hell fire while the others who are "saved" will rejoice in the heavens.

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