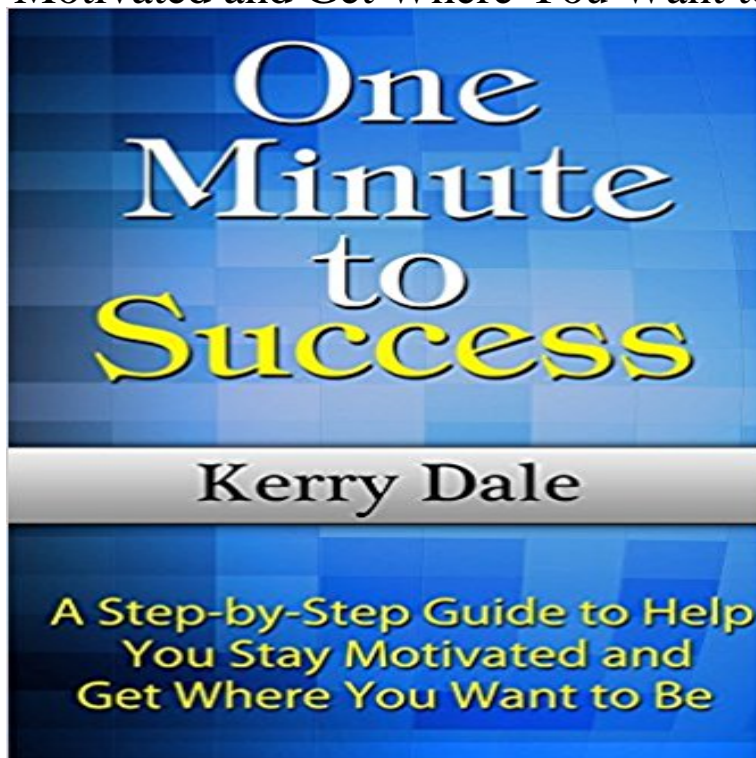


# One Minute to Success: A Step-by-Step Guide to Help You Stay Motivated and Get Where You Want to Be



Most people do not know what they desire in life. They hardly have goals or any determination to make one for all that matters. They go through life living with the flow, expecting and waiting for the perfect moment that might not even happen. It is for this reason that their motivation will slowly die out as time progresses. Nevertheless, motivation can always be regained with a little personal push. It doesn't matter if you don't have a general idea of what you want in life. By being goal-oriented, you will be able to slowly find your desires in life as you experience personal growth. Since life is filled with many opportunities to succeed, it can become difficult to decide what fits you the most. That is why this book will help you gain the motivation that you need for the outside world. Not only will it help you figure out where to find your motivation, but it will also teach you how to stay motivated and reach for success.

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