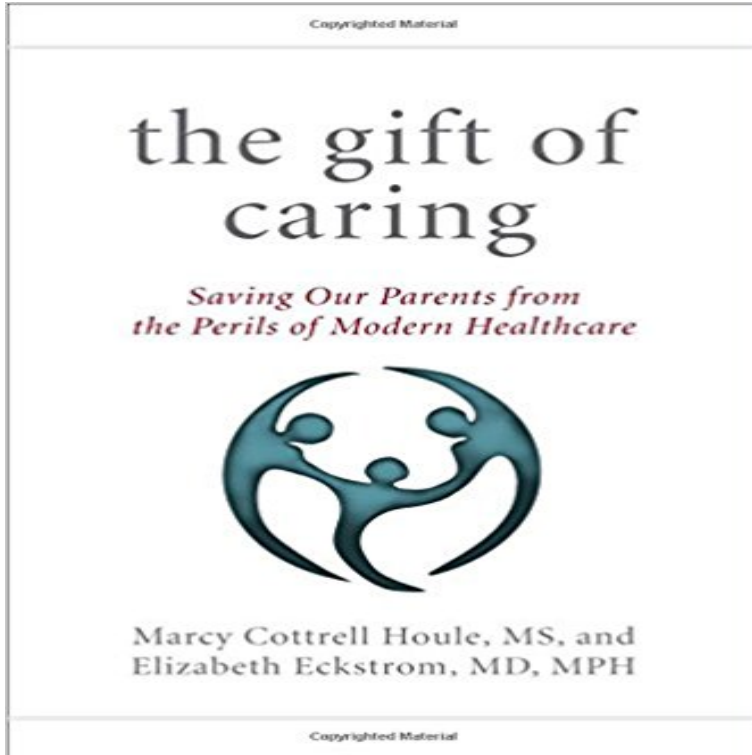


# The Gift of Caring: Saving Our Parents from the Perils of Modern Healthcare



In a powerful blending of memoir and practical strategies from a medical doctors perspective, *The Gift of Caring: Saving Our Parents and ourselves - from the Perils of Modern Healthcare* reveals the hidden side of modern healthcare practices for aging Americans. This ground-breaking book, co-written by award-winning author Marcy Houle and nationally-recognized geriatrician and public health advocate, Elizabeth Eckstrom MD MPH, sheds new light on aging by showing it from twin perspectives: the story of a daughter desperately seeking help for the parents she loves, and a geriatrician who offers life-changing strategies that can protect our loved ones and ourselves. Today, for many older adults, the medical delivery system is confusing, fragmented, and ill-equipped to provide comprehensive, person-centered care. Under our current healthcare model, thousands of aging persons face unnecessary suffering, hospitalizations and nursing home stays, and even preventable death. Seniors and families often feel powerless as they travel this sad journey. Not having knowledge of agings changes, they resign themselves to believing there is nothing anyone can do to help, while some health care professionals simply write off symptoms seniors endure as just old age. But as Marcy Houle discovered in caring for her parents, many of the problems often are not just old age. Further, the real issue is not that the answers to ease suffering dont exist. Rather, what we need to know is generally not available to the general public. Even more concerning, many health care professionals have had little or no training in the care of older adults. *The Gift of Caring* hopes to change that. It is written to give empowerment to all older adults, family members, and health care professionals, by sharing much needed knowledge and practical strategies. *The Gift of Caring* shows the best ways to

advocate for our parents health care and our own by giving us the tools we need to insist upon the better way. Your parents and you deserve the best healthcare as you age- But there are so many reasons why that's not happening. You can change that.

NEWAGEOFTRUTH There's been too many lies and not enough truth stay updated via rss MY NEW PLAYLIST Why are some looking forward to the end of days? Posted: July 26, 2016 in Cheating, Education, Evil, Politics, Religion, Social Issues Tags: Armageddon, bible, Christianity, Conspiracy theory, Prophecy, Y2K 0 end of days Some temptations are just too good to pass up. My curiosity got the best of me the other day and I gave in by watching one of those "End of the World" conspiracies videos. This time around the date is set for July 29, 2016. So in three days the biblical prophecies will come true and we will be swallowed up by hell fire while the others who are "saved" will rejoice in the heavens.

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