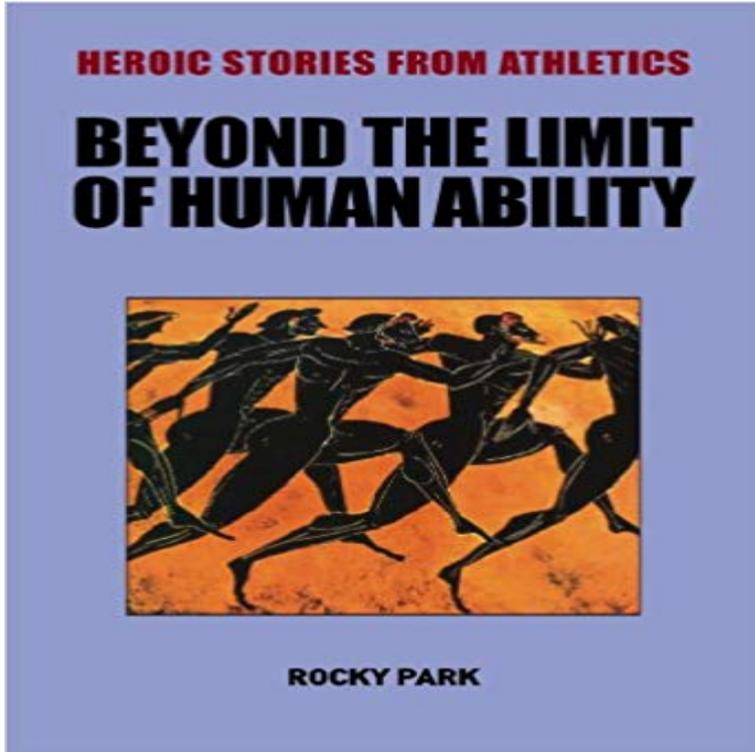


# Beyond the Limit of Human Ability / HEROIC STORIES FROM ATHLETICS



This is a book about athletics, perhaps better known to many readers as track and field sports. The author, Rocky Park tells his story in a unique manner that can only be expected from a best selling story teller, that he is. Indeed, the story is quite compelling as it is revetting as it is unfolded across the spectrum of 25 individual sports, from sprints to marathon competition, that comprise athletics. Our readers will not only be enlightened on the basics of each sport, they will also become quite familiar with many important individual champions of the sports, They will also acquaint themselves with many interesting techniques which are basis of improvement of our heroes performances as they defied the limitation of bodys ability. In fact the most significant reason for this books success is the importance that the author attaches to heroic stories of our champions as they achieve what was considered impossible, up until they proved otherwise. Rocky Park considers athletics the Queen of all sports and invites our readers to come along on a journey with the Queen. You will become satisfyingly breathless at the end of your journey, in much the same way as many of our heroes exulted after they accomplished beyond the limit of their ability. About the AuthorJung-Ki Rocky Park has been a council member of the IAAF since 1991 and is currently the honorary president of the Organizing Committee for the 2011 Daegu World Championships in Athletics. Korearegained the reputation as a marathon powerhouse by winning a gold medal in the 1992 Barcelona Olympics and a silver medal in the 1996 Atlanta Olympics, while Park served as President of the Korea Association of Athletics Federations. His outstanding leadership skills were exemplified during his helm as President of Korea Heavy Industries and Korea Electric Power Corporation in the 1980s. As the author of several bestselling books in

Korea, including Plain Stories by a Grandpa and The American Civil War, Rocky graduated from Korea Military Academy, studied in the doctoral program of Sociology at Hosei University in Japan, served as a Visiting Fellow at Tokyo University, and received an honorary doctorate from the Russian State Academy of Physical Education.

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The author, Rocky Park tells his story in a unique manner that can **SPIN - Google Books Result** Such films explore the promise and pitfalls of exceeding natural human limits. quest to move beyond natural limits go back to our earliest myths and stories. up a glass of water, swipe a credit card and even play the video game Guitar Hero. . color, to endowing their offspring with greater intellectual or athletic ability. **How to Become the Best in the World at What You Do The Mission** Feb 3, 2017 How do you make the needed leaps to move beyond the masses vying for . The hero and the coward both feel the same thing, but the hero Cycling is a sport notorious for the amount of suffering required. I was at the limit. Theres a lack of life that will take you beyond human ability and reasoning. **World of Adaptive Sports Overcoming Limitations - Make A Hero** Superhuman qualities are qualities that exceed those found in humans. 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**of Human Ability / HEROIC STORIES FROM** perspectives of the possibility of sports heroism (Zdebska, Jirasek, Robertson, Sheler, and Hyland). following attributes: bravery, fearlessness, ability to perform risk, selflessness, persistence and sometimes Therefore, people know their heroes only through stories, pictures and other forms of . The limitations of human. **Human Enhancement Pew Research Center - Pew Internet** Buy Beyond the Limit of Human Ability / HEROIC STORIES FROM ATHLETICS: Read Kindle Store Reviews - .

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