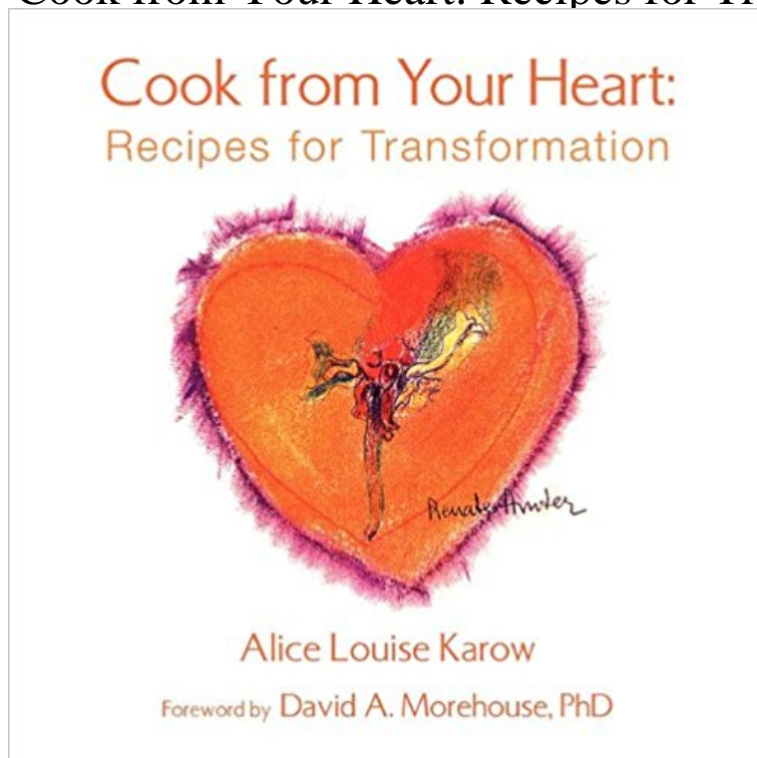


Cook from Your Heart: Recipes for Transformation



Cook from your Heart: Recipes for Transformation This is more than just a cookbook. Its a fabulous book! - Loren Slocum. Your body is sacred space. Care for it well. Whether you enjoy meat, vegetarian, vegan or raw foods cuisine, this book has an enticing recipe to help you take the next simple step to healthy longevity. It also includes nutrition and food safety information (recipes for your mind), insightful stories and quotes from the wisdom teachers of our time (recipes for your spirit) and beautiful color photos. Have you noticed that the way you cook and eat is also the way you live your life? What we feed our bodies and what we feed our souls are intimately intertwined and the choices we make have far reaching consequences in our own lives and the lives of others. Cook from Your Heart is not a new diet plan, but rather a more conscious, heart centered approach to cooking, eating and daily living. When you Cook from Your Heart, you can create a life of health, love, harmony and beauty.

NEWAGEOFTRUTH There's been too many lies and not enough truth stay updated via rss MY NEW PLAYLIST Why are some looking forward to the end of days? Posted: July 26, 2016 in Cheating, Education, Evil, Politics, Religion, Social Issues Tags: Armageddon, bible, Christianity, Conspiracy theory, Prophecy, Y2K 0 end of days Some temptations are just to good to pass up. My curiosity got the best of me the other day and I gave in by watching one of those "End of the World" conspiracies videos. This time around the date is set for July 29, 2016. So in three days the biblical prophecies will come true and we will be swallowed up by hell fire while the others who are "saved" will rejoice in the heavens.

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