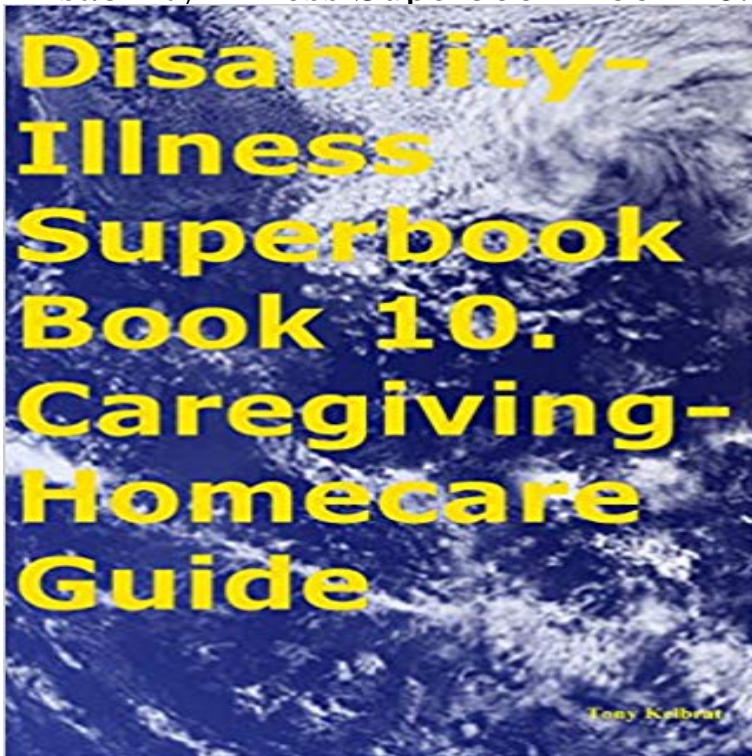


Disability-Illness Superbook Book 10. Caregiving-Homecare Guide



Caregiving is generally tough emotionally both on the patient and the relatives. If the caregiver is hired help, its often a tough job on them. Theres often anger, denial, depression and finally acceptance and compromise. You have to learn to work with it. Cooperate with the medical professionals as best as you can. Theyre there to help you. Help the patient by getting involved with them and finding as much information as you can about the illness and how to control it. be empathetic and sensitive to what the patient is going through. If you take liberties with the patient such as steal their money or things, give them negligent care, etc., its illegal and you will be charged criminally if caught. Caregiving is very hard work. Its not like caring for a child. Its caring for a full grown adult which is tougher. If theyre of sound mind, they may even become antagonistic towards you. They feel a loss of dignity because they cant take care of themselves so they often lash out against those closest to them, the caregiver.

Try to be positive. Offer creative solutions to the patients impediments. Try to understand his or her life. If you cant handle it alone, get help. Its often sudden after hospitalization. Its demeaning because youre very close physically to them and have to do embarrassing things like tend to bathroom needs. You must give them their dignity and some independence. You need your own life. Try to strike a balance between care and your own life. Dont be haphazard about it. Get organized. Write important phone numbers down. Try to get help from relevant organizations in the community. Look in the phonebook for local senior organizations. Set up a meeting with relatives and other relevant people. Make a plan and a budget. Try to make the care interactive, spread out over several family members so that the burden is not on just one. Set up a home health care team for all

the people involved in the care of the patient. Set up a routine. Try to keep them inspired about life as much as you can. Have a support network of friends and family. If they feel good enough, consider vocational rehabilitation, retraining to go back to work. Attitude is everything. Join a support group if you feel so inclined. Get professional counseling if you feel you need it. The illness will be a drain of money so save well, manage your money, learn about your medical insurance plan and the governments medical assistance programs. There is often a point where you have to send a senior to a nursing home. Some older people are very protective about their homes. They will not want to move out. You'll have to coax them gently. Try not to make decisions without the afflicted person. Give them input into their own lives. There will be a lot of emotions on both sides, some of it negative. Try to make it a bonding period. Books about caregiving are at #362.6, #649.8 or HV1475 at the library. Caregiving can be stressful and exhausting. If you are caring for a loved one who has Alzheimers disease or some other condition, learn all you can about the disease so you can be adequately prepared to deal with it. Watch your older relatives for warning signs that they cant take care of themselves. A messy house is a dead giveaway as is poor personal hygiene, malnutrition, a confused disposition, memory loss, etc. Make all necessary legal and financial arrangements including advance directives, durable power of attorney and payment of healthcare costs. Contact a lawyer to take care of all estate paperwork. Take precautions to protect your loved one from potential dangers such as falls, burns, poisoning and wandering away from home. Put an address card in their jacket pockets. Lock away hazardous objects and materials including medications, cleaning fluids, matches, lighters and firearms). Install locks on doors and windows.

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are some looking forward to the end of days? Posted: July 26, 2016 in Cheating, Education, Evil, Politics, Religion, Social Issues Tags: Armageddon, bible, Christianity, Conspiracy theory, Prophecy, Y2K 0 end of days Some temptations are just too good to pass up. My curiosity got the best of me the other day and I gave in by watching one of those "End of the World" conspiracies videos. This time around the date is set for July 29, 2016. So in three days the biblical prophecies will come true and we will be swallowed up by hell fire while the others who are "saved" will rejoice in the heavens.

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unpaid or paid person who helps another individual with an Many organizations which provide support for persons with

